



# Learn to Skate

Fall 9 – September 2024

At Peconic Ice Rinks, we have a class for EVERY skater! Our Highly qualified and certified instructors, small class sizes, and fun-filled learn to skate program will help every skater progress at his/her own pace.

Peconic Ice Rinks uses the ISI Learn to Skate Program Curriculum. ISI (Ice Skating Industry) is a pioneer in skating development. Children begin in a Tots or Pre Alpha class and gradually progress through our secondary and advanced levels to further their skating development. We also have classes for adults of all levels, from beginner skaters who have never been on ice before to those who are more advanced!

**All Learn to Skate classes include unlimited practice time on Public Sessions for FREE during the class semester. Please Check in at Front Desk.**

See the reverse side for class levels and times.

## Fall - 2024 Class Dates & Times

**Wednesdays:** September 11– October 23

Class times 4:15pm, 4:45pm, 5:15pm

**Thursdays:** September 12– October 24

Class times 4:15pm, 4:45pm, 5:15pm

**Saturdays :** September 14–October 26

Class times 11:10 am, 11:40am

**7 Weeks \$182**

## INFORMATION

### Skate Rental

Do not have your own skates? NO Problem! Skate rental passes are available for \$30 for the whole semester

### Helmets

- \*Skaters under the age of 12 and below the Beta level are required to wear a helmet.
- \*All skaters wearing hockey skates or skates without a toe pick are required to wear helmet with full face shield.
- \*Please note that helmet rental is NOT available at the arena.

### Additional Notes

- \*Refunds are subject to a \$30 Cancellation fee.
- \*Free Public Session admission within class series.
- \*Only ONE Make-up per session.
- \*Before entering ice athletic waiver and release must be signed and the session must be paid in full.
- \*Classes may be combined due to low enrollment.
- \*All participants must have an annual ISI Membership, cost of \$15.



For More Information or to Register, Contact Us!

[www.peconicicerinks.com](http://www.peconicicerinks.com) –[info@peconicicerinks.com](mailto:info@peconicicerinks.com)– 631-953-6300

5789 Middle Country Road, Calverton, NY 11933

# Fall 9 - 2024 Class Schedule

## Primary Classes

This is a Starting point for students new to skating and or have never taken formal lessons.

Class Levels	Wednesday	Thursday	Friday	Saturday	Class Description
Tots 1 (Ages 3-6)	4:15pm	4:15pm	Tots & Me 1pm	11:10am	Children learn to fall and get up on ice, march across ice in a fun learning environment.
Pre Alpha (Ages 7-13)	4:45pm	5:15pm	Homeschool 12pm	11:10am	Skaters learn how to do two foot and one foot glides, Forward and Backward Swizzles., and snowplow stops.
Adult Beginner (Ages 14+)	4:15pm	4:15pm		11:10am	Skaters learn to march, glide, balance on one foot and stop correctly.

## Secondary Classes

Secondary Level classes are for skaters who has passed one of the Primary level classes.

Class Levels	Wednesday	Thursday	Friday	Saturday	Class Description
Tots 2 (Ages 3-6)	4:45pm	4:45pm		11:40am	Tots 2 elements include 2 foot glides, jump in place, beginning swizzles, back wiggles, and dips.
Tots 3 (Ages 3-6)	4:45pm			11:40am	Tots 3 elements include 2 foot glides, pushes, forward swizzles, beginning back swizzles, stops.
Alpha (Age7-13)	5:15pm	4:45pm	Homeschool 12:30pm	11:40am	Alpha elements forward skating, Forward cross overs, snow plow stops, and backward skating
Adult Advanced (Ages 14+)				11:40am	Adult advance elements forward and backward Crossovers, edges, and snowplow stops.

## Advanced and Specialty Classes

Advanced Level classes are for skaters who completed the Secondary class levels.

Classes Levels	Wednesday	Thursday	Friday	Saturday	Class Description
Beta (Ages 7-13)	5:15pm	4:45pm		11:40am	Beta elements include back pumps, back cross overs, Back 1 foot glides, and T-Stops
Gamma/ Delta (Ages 7-13)	5:15pm			11:40am	Combination of Gamma/ Delta, crossovers, edges, 3 Turns, Mohawks, Beg. Spins and Jumps
Rising Star (Figure Skating)				10:40am  ONE HOUR	<b>This Class is for FIGURE SKATERS one hour class PRICE \$128.</b>
Hockey 1/2	4:45pm	5:15pm		Tots Hockey 11:10am	Hockey skating technique, stopping, forward and backward skating . HOCKEY Skates and helmet required.
Hockey 3/4	5:15pm	4:45pm		11:40am	Hockey skating technique, edges, turns, forward & backward crossovers. Hockey Skates